



Rotary One

**UNITE
FOR
GOOD**

The Voice of Unity from Zone 4



Rtn K Palaksha
District Governor
RI Dist 3182



Rtn Amit Aravind
Assistant Governor
Zone IV, RID 3182



Rtn Dr Ganesh A
Zonal Learning
Facilitator



Rtn Dr Srikanth Prabhu
Zonal Secretary



Rtn Janardhan Bhat
Zonal Lieutenant



Rtn Dr D Sridhar
Zonal Lieutenant



Rtn Smitha Kamath
Zonal Lieutenant



Rtn Prashanth Hegde
Zonal Editor

Rotary February Address by AG Rtn Amit Aravind

Dear Rotarians,

Hearty congratulations to each one of you on completing seven successful months of this Rotary year! It has truly been a wonderful journey so far, and I am confident that every club has carried out meaningful and impactful projects.

On the behalf of Zone 4 I would like to **Heartily congratulate our newly elected District Governor for 2028-29 Rtn Allen Lewis**. We wish you all the best sir, and wishing your Rotary Journey a grand success.

February is **Peacebuilding and Conflict Prevention Month**. Let us use this opportunity to focus on initiatives that promote harmony and understanding. I encourage clubs to organize programs such as **Model United Nations assemblies at colleges**, reconciliation initiatives, and activities that restore and strengthen relationships within our communities. Peace is not just a theme for the month—it is a responsibility we carry every day.

The highlight of this month is **World Understanding Day**, which we will celebrate on **23rd February**, jointly with Zone 3, hosted by the Rotary Clubs of Manipal and Kalyanpur. Let us all come together and celebrate this event in a grand manner. More importantly, let us reaffirm our commitment to promoting peace and conflict resolution—not only in Rotary but in every aspect of our lives. The world around us is facing many conflicts, and Rotary has a vital role to play in fostering dialogue, understanding, and unity.

A quick recap of the previous month:

- Congratulations to Manipal Hills on the successful Governor’s Visit. The projects presented were commendable.
- Thank you to all members of our zone who participated in the District Conference and made it a record-breaking and enriching event. Those who attended witnessed the true power and scale of Rotary’s impact. Those who missed it certainly missed a memorable and inspiring experience.
- The Club Assembly of Parkala was conducted very well—kudos to the team.

Special congratulations to Prashant for bringing out yet another colourful edition of the Zonal Rotary One magazine.

We still have five more months to go. Let us keep the momentum high, keep the fire burning, and continue **Uniting for Good**. Together, we can strengthen our service and live the Rotary motto—**Service Above Self**.

Looking forward to seeing all of you on **23rd February** at World Understanding Day.

Thank you.

Yours in Rotary,
Rtn. Amit Aravind

Assistant Governor – Zone 4, Rotary District 3182



Rotary 4 Way Test
of the things we think, say, or do:

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

Will it be **BENEFICIAL** to all concerned?

Zonal Learning Facilitator's Message

Dear Rotary Leaders

In Rotary February month is designated as **Peace and Conflict Prevention/Resolution Month**. **Peace** is not just the absence of war but it is a positive state of justice, dignity, and active harmony. It requires empathy, understanding, and addressing root causes of conflict. True sustainable peace involves active, compassionate coexistence and building a foundation for shared security.

Rotary International advances peace and conflict prevention/resolution—a core area of focus—by addressing root causes like poverty, inequality, and lack of education through sustainable service projects, global grants, and dedicated Peace Centers. February is dedicated to this cause, highlighting initiatives that train leaders, support refugees, and foster dialogue.

Following activities can be planned;

- organize cultural programs bringing together the citizens of different states/countries/religions.
- organize poster making and slogan writing competitions on World Peace and National Integration.

As you know, **World Understanding and Peace Day** is observed by Rotary International annually on **February 23**, marking the anniversary of the **first Rotary club meeting in 1905**. It promotes global harmony, goodwill, and peace building, often focusing on humanitarian service and cultural understanding. Let us join together to celebrate this day may be at club level/zonal or even district level.

Thank you

Rtn Dr Ganesh A

Zonal Learning Facilitator – Zone 4, Rotary District 3182



6th Zonal Review Meeting



The **Rotary International District 3182 – Zone IV Zonal Review Meeting** was successfully organized, bringing together Rotary leaders and members to review activities, share insights, and strengthen fellowship.

The meeting was held on **Monday, 12th January 2026**, at **Interact Hall, MAHE, Manipal**, in a warm and engaging atmosphere.

Rtn Amit Aravind, Assistant Governor reviewed the club activities and motivated the club leaders.

The meeting was hosted under the leadership of Zonal Lieutenants **Rtn Janardhan Bhat** and **Rtn Dr. Sreedhar D**.

The program was further enriched by the presence of: **Rtn Dr. A. Ganesh**, Zonal Learning Facilitator, **Rtn Smitha Kamath**, Zonal Lieutenant and **Rtn Prashanth Hegde**, Zonal Editor.

The session concluded on a positive note with valuable guidance from district leaders, reaffirming Rotary's commitment to **"Unite for Good."**

District Event

10th Rotary District Conference - Spandana



Club Activities

RC Aisiri Parkala



Rotary Aisiri Parkala organized a **family get together** at Hotel Shambhavi



Felicitating Dr Krishna R. Hebbar on the occasion of celebrating the **Vocational Services Month**

RC Manipal



Reaching out to the needy vendor: Sponsored a food stall for a poor lady vendor, during the Food Carnival organised by POWER- a Women Entrepreneurs' Platform, increasing her sale and popularity



Professionalism in the Workplace: Arranged A talk on professionalism by Dr. Ashok Kamath, Principal, DIET Udupi during the month of Vocational service



Handing over Furniture and Water dispenser: Handed over Desks and benches, chairs, Steel almirahs and a drinking water dispenser to Zilla Panchayat Higher Primary School Mannampady, Mulki, with CSR funding by Manipal Dot Net Pvt Ltd. IPDG Rtn. Devanand handed over and AG Rtn. Amit and John Prashant Bhat from Manipal Dot Net Pvt Ltd were the Guests of Honour



Organised a **picnic & outdoor Family-Meeting** at Matha Garden Resort, Kukkehalli

Club Activities

RC Manipal



Arranged a **Drawing and Essay competition** for school children and a Talk by Police Inspector Ramachandra Nayak and Prakash Salian, Traffic Police station, PSI, on the topic 'Road Safety'



CPR training for youth: Organised a CPR Training Programme for the students of TMA Pai Polytechnic college students, in association with Muniyal Ayurveda College and Rotaract Muniyal Ayurveda Group of institutions. 100 students benefited from the training.



Republic Day Celebration: The Chief Guest Lt. Cmdr. Geethalakshmi hoisted the flag and she was honoured for her service rendered to the nation.



Attended **Spandana 2026 - 10th Rotary District Conference of RI Dist 3182**, was held from January 23 to 25 at Hassan



Car, Motorcycle and auto Rickshaw Rally with the theme **Roar safety:** R C Manipal, in association with the Police Department and Auto Rickshaw Drivers Union, conducted a Road Safety Rally to create awareness among people.



Honoured a Senior citizen couple for their noble gesture of serving self prepared, healthy and hygienic food for about 50 years at a reasonable price, for the community.

RC Manipal Hills



Rotary Club Manipal hills offered Hore Kanike for Paryaya worth Rs 25,000 collected from our 8 members to the Paryaya in the decorated Tempo. Items offered were Rice bags, Jaggery bags, sugar bags, Yellow gram bags, coconuts etc

Club Activities

RC Manipal Hills



Celebrated **77th Republic day celebration** at Rotary Shathabdi Vedike by Rotary Club Manipal Hills. President Rtn. Suresh Rai welcomed all for the Republic day celebration. The First Lady of our club, Rtn. Geetha Suresh Rai, unfurled the National Flag and delivered a speech during the Republic Day celebration



3 new PHFs were honored by Past Assistant Governor Dr. Rtn. Sesappa Rai - Dist Chairman of Career Guidance with shawls and flowers. Rtn. Sesappa Rai gave an informative speech on PHF and Global grant and Career Guidance



Attended **Spandana 2026 - 10th Rotary District Conference of RI Dist 3182**, was held from January 23 to 25 at Hassan

RC Manipal Town



The Manipal Marathon 2026 Promo Run, organized by Bhandarkars' College Kundapura in collaboration with Manipal Academy of Higher Education and Rotary Club Manipal Town to bring enthusiastic participants to promote sustainability under the theme **Miles for a Greener Tomorrow – Run for a Sustainable Future**, and setting the stage for the main marathon scheduled on February 8, 2026.



The distribution of invitations to schools and colleges for the upcoming **Manipal Marathon 2026** was effectively carried out by Rtn Dr. Deepak Ram Bairy, ensuring wide outreach and encouraging enthusiastic participation from students and institutions in support of the marathon's theme "Miles for a Greener Tomorrow – Run for a Sustainable Future."

Club Activities

RC Manipal Town



The **My Body, My Safety** awareness program was successfully conducted on January 13, 2026, at Anandathirtha Vidyalaya, Pajaka, Kunjargiri, by the Rotary Club Manipal Town in association with NSS-KMC, MAHE Manipal. Held under the tagline “Learning to protect myself with confidence,” the program was attended by distinguished guests including Dr. Lydia Shobha Andrade, Rtn Dr. Deepak Ram Baiyy, Dr. Geetha S Kotian, Rtn Dr. Kumar Bhat, Rtn Shivamurthy, Mast. Sumukh, Smt. Sunalini, Smt. Mamata, and Rtn Mohan Nayak. The initiative empowered students with awareness of body autonomy, personal safety, and the confidence to protect themselves.



The **Manipal Marathon 2026 Promo Run**, organized by Rotary Club Manipal Town in association with Mount Rosary School, Santhekatte, was held on January 16, 2026, at Mount Rosary School with enthusiastic participation. Speakers including Rtn Dr. Deepak Ram Baiyy, Rtn Dr. Kumar Bhat, Rtn Samarendra Bhattacharya, and Rtn Mohan Nayak inspired participants by highlighting fitness, discipline, sustainability, and Rotary’s commitment to service, reinforcing the marathon’s vision of health, unity, and a greener tomorrow.

The Rotary Club Manipal Town successfully conducted its weekly meeting on January 21, 2026, in the Interact Class Rooms, KMC, under the leadership of Rtn Dr. Deepak Ram Baiyy (President, RCMT) and Rtn Mohan Nayak (Secretary, RCMT). The highlight of the evening was an inspiring talk by **guest speaker Jugan Sukavaneshwar Dyaneswaran**, a former **national-level athlete**, basketball coach, and motivational speaker, known for being one of the few Indian basketball players to have played in the NCAA in the United States. His address motivated members and students alike, emphasizing discipline, perseverance, and confidence in pursuing excellence. The meeting reflected Rotary’s spirit of “Unite for Good” and strengthened the club’s commitment to fostering learning, inspiration, and community service



The Rotary Club Manipal Town members, including Rtn Dr. Sreedhar D, Rtn Dr. Deepak Ram Baiyy, Rtn Mohan Nayak, Rtn Dr. Sesappa Rai, and Rtn Kiranmai, attended the **SPANDANA District Conference held at Hassan on January 23, 24, and 25, 2026**, actively engaging in sessions that strengthened fellowship, leadership, and Rotary’s commitment to service

Club Activities

RC Parkala



Rotary Parkala, in association with Manipal School of Commerce and Economics, MAHE, Manipal and the Kolkata Thunderbolts team, along with their team managers, **donated volleyball kits worth ₹1,00,000/- to five schools** on 05 January 2026. The volleyball kits were distributed to the following schools: Parkala High School B.M. School, Parkala Shettibettu Government Composite High School Green Park Central School Kamalabai Kadiyali School This initiative aimed to promote sports culture, physical fitness, and teamwork among students, encouraging young talents to actively participate in sports and games



Rotary Parkala and RCC Parkala Anganwadi, in association with the Primary Health Centre, Hirebettu, organized a **Health Awareness Programme** for parents and the general public the Parkala Anganwadi.



Rotary Parkala, in association with Parkala High School, jointly organized Hasiru Horekanike for the Udupi Shiroor Mutt Paryaya. Approximately ₹50,000 worth of **Horekanike** items were offered as part of this sacred initiative



On the theme **Health is Wealth**, Rotary Parkala, in association with Padmashali Kriya Vedike (R), Parkala, District Government Hospital, Ajjarkadu Udupi, and Lions Club Hiriadka, jointly organized a Mega Free Health Check-Up Camp for the general public on 11 January 2026 at the B.M. School Campus, Parkala

Club Activities

Rotary Udupi



Rtn PHF Deepa Bhandary on her visit to Pune exchanged flags with RC Pune



RC Pune pristine club members visited Udupi and attended the **joint meeting** held at Udupi Kadiyali. Flags were exchanged on the occasion



Ann's day celebration was conducted for the rotarians and families. A Magic Show was organised and the magician was Mr Yogish Acharya from Karkala. Sathyavathi Hebbar was honoured by handing over the certificates of Zonal sports meet



15 members from **RC Pune Pristine** joined the **joint meeting**. They were visiting Udupi on their car rally promoting **educating girl child and Muskan**. Vocational awards were handed over on this occasion to 3 members of the society



Attended **Spandana 2026 - 10th Rotary District Conference of RI Dist 3182**, was held from January 23 to 25 at Hassan



Vocational awards were handed over to 3 members of the society during joint meeting with **RC Pune Pristine**

Club Activities

RC Udupi Udyavara



ಕಟಪಾಡಿ: ಉದ್ಯಾವರ ಸರಕಾರಿ ಪದವಿಪೂರ್ವ ಕಾಲೇಜು ಪ್ರೌಢ ಶಾಲೆ ವಿಭಾಗದ ಪ್ರಧಿ ಇಕೋ ಕ್ಲಬ್ ಹಾಗೂ ಇಂಟರ್ನಾಟ್ ಕ್ಲಬ್ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಉದ್ಯಾವರ ಶ್ರೀ ಧರ್ಮಸ್ಥಳ ಮಂಜುನಾಥೇಶ್ವರ ಆಯುರ್ವೇದ ಕಾಲೇಜು ಇಲ್ಲಿಗೆ ಭೇಟಿ ನೀಡಿದರು. ಔಷಧಿಯ ಗಿಡಮೂಲಿಕೆಗಳು, ಅವುಗಳ ಔಷಧಿಯ ಗುಣ, ಆಯುರ್ವೇದ ಔಷಧ ತಯಾರಿ, ಮಾನವ ದೇಹದ ಭಾಗಗಳು ಇತ್ಯಾದಿಗಳ ಕುರಿತು ಸಮಗ್ರ ಮಾಹಿತಿಯನ್ನು ಪಡೆದುಕೊಂಡರು. ರೋಟರಿ ಕ್ಲಬ್ ಉದ್ಯಾವರ ಇದರ ಅಧ್ಯಕ್ಷರು, ಕಾರ್ಯದರ್ಶಿಗಳು ಹಾಗೂ ಸದಸ್ಯರು ಕಾರ್ಯಕ್ರಮ ವನ್ನು ಸಂಯೋಜಿಸಿದರು. ಆಯುರ್ವೇದ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರು, ಸೂಪರಿಂಟೆಂಡೆಂಟ್, ಉಪನ್ಯಾಸಕ ವೃಂದ, ವಿದ್ಯಾರ್ಥಿಗಳು ಪ್ರೌಢ ಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮಾಹಿತಿ ನೀಡಿ ಸಹಕರಿಸಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಉದ್ಯಾವರ ಪ್ರೌಢಶಾಲೆಯ ಮುಖ್ಯ ಶಿಕ್ಷಕರು, ಶಿಕ್ಷಕರು, ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಸ್ಥಿತರಿದ್ದರು.

Announcements

Rotary  **Zone III & Zone IV** **UNITE FOR GOOD**
Rotary International District 3182

You are cordially invited with family to celebrate

World Peace & Understanding Day - 2026

23

February
Monday
6PM

Inaugurator: Rtn Palaksha K
District Governor, RI Dist 3182

Keynote Speaker: Dr Nandan Prabhu
Associate Professor, TAPMI, Manipal

Chief Guest: Rtn Rajaram Bhat B
District Learning Facilitator, RI Dist 3182

Guests of Honour: Rtn Sathyendra Pai
Dist Chairman - World Understanding

All are cordially invited

Rtn Anand Shetty, AG, Zone III
Rtn Devadas V Shettigar, ZLF, Zone III
Rtn Harish Kunder, ZL, Zone III
Rtn Ravi Raj Kidiyoor, ZL, Zone III
Rtn Sulatha S Hegde, ZL, Zone III

Rtn Amit Aravind, AG, Zone IV
Rtn Dr Ganesh A, ZLF, Zone IV
Rtn Janardhan Bhat, ZL, Zone IV
Rtn Smitha Kamath, ZL, Zone IV
Rtn Dr Sreedhar D, ZL Zone IV

Rtn Divakara P
Zonal Secretary, Zone III

Rtn Dr Srikanth Prabhu
Zonal Secretary, Zone IV

Rtn Shashikantha G Nayak
President - Rotary Club Kallianpura

Rtn Shashikala Rajavarma
President - Rotary Club Manipal

Rtn Sathish Sherigar
Secretary - Rotary Club Kallianpura

Rtn Vanishree Rao
Secretary - Rotary Club Manipal

& Members of the Host Clubs

Host Clubs: RC Kallianpura, RC Manipal

Entertainment by Manjith Dance Group, followed by dinner

Venue: Green Acres, Laxmi Nagar, Near Shanthivana Gardimajal Road, Santhekatte, Udupi

Scan this QR code for location



Governors Official Visits:

- 04th March - RC Manipal
- 11th March - Rotary Udupi

World Peace and Understanding Day

World Peace and Understanding Day marks the first meeting that led to the formation of **Rotary International**, when attorney **Paul P. Harris** gathered business friends in Chicago to build a fellowship beyond politics and religion. As membership grew, Rotary expanded across the U.S. and internationally, eventually becoming Rotary International.

Since the founding of the United Nations, Rotary has worked closely with the U.N. It is a global service organization focused on promoting goodwill and peace through six key areas: disease prevention and treatment, water and sanitation, maternal and child health, basic education and literacy, economic and community development, and peacebuilding.

To further its peace mission, Rotary established Rotary Centers for peace and conflict resolution in universities worldwide and offers fellowships and graduate programs, selecting about 75 peace scholars each year

**UNITE
FOR
GOOD**

Rotary
Dist 3182



Congratulations

RTN ALLEN VINAY LEWIS, DISTRICT GOVERNOR 2028-29

It gives us immense pleasure and pride to felicitate Rtn ALLEN VINAY LEWIS being elected as the District Governor for the Rotary Year 2028-29.

This significant responsibility is a true reflection of your unwavering commitment to Rotary, your selfless service, strong leadership, and the respect you have earned across the district over the years. Your Rotary journey stands as an inspiration to many, marked by dedication, integrity, and a genuine passion for Service Above Self.

As you prepare to take on this prestigious role, we are confident that under your leadership, Rotary will reach greater heights, strengthen fellowship, and make an even more meaningful impact in our communities.

On behalf of Zone 4, We wish you a highly successful and fulfilling tenure as District Governor. Please be assured that Zone 4 stands firmly with you—today, tomorrow, and throughout your Rotary journey—extending our full support as you lead the district with vision and purpose.

We wish you all the very best for a memorable and impactful Rotary Year 2028-29, and many more years of distinguished service to Rotary and society at large.

This certificate is presented on 1st February 2026 at the Zonal RCC Conference held at Manipal.

Handwritten signature of Rtn Amit Aravind in black ink.

Rtn Amit Aravind

Assistant Governor 2025-2026
Zone 4, RI Dist 3182



Handwritten signature of Rtn Dr. Ganesha A in black ink.

Rtn Dr. Ganesha A

Zonal Learning facilitator 2025-26
Zone 4, RI Dist 3182